

Resources

DVD/Documentaries

Frontline: The Soldier's Heart

Frontline: A Company of Soldiers

PBS Home Video: Operation Homecoming: Writing the Wartime Experience (America at a Crossroads Series)

HBO: Baghdad ER and HBO: Alive Day Memories

Combat Diary - The Marines of Lima Company

Last Letters Home: Voices of American Troops from the Battlefields of Iraq

DVD/Drama

Home of the Brave (2006). Three American soldiers try to adjust to life after Iraq.

Websites

www.ncptsd.va.gov National Center for Post Traumatic Stress Disorder

<http://www.myhealth.va.gov/> Department of Veterans Affairs

www.nmfa.org National Military Family Association

www.pdhealth.mil Deployment Health Clinical Center

www.military.com (For "benefits" information)

www.ptsdhelp.net PTSD Help Network

www.battlemind.org Battlemind DVD

www.militarychild.org The Military Child Education Coalition

www.SesameWorkshop.org Sesame Street

www.militaryonesource.com Military OneSource

www.istss.org International Society for Traumatic Stress Studies

<http://www.mentalhealthcommission.gov/reports/reports.htm> The President's New Freedom Commission on Mental Health

<http://www.taps.org> Tragedy Assistance Program for Survivors

Resources

Books

Combat Stress Injury: Theory, Research and Management edited by Charles R. Figley and William P. Nash

On Combat by Lt Col Dave Grossman

Odysseus in America by Jonathan Shay

Achilles in Vietnam by Jonathan Shay

Haunted by Combat by Daryl S. Paulson and Stanley Krippner

Operation Homecoming: Iraq, Afghanistan and the Home Front in the awords of US Troops and Their Families, edited by Andrew Carroll

What Was Asked of Us: An Oral History of the Iraq War by the Soldiers Who Fought It by Trish Wood

The Sandbox: Dispatches from Troops in Iraq and Afghanistan by G. B. Trudeau

The Post-Traumatic Stress Disorder Sourcebook by Glenn R. Schiraldi

The PTSD Workbook by Mary Beth Williams and Soili Poijula

Courage After Fire by Keith Armstrong, Suzanne Best and Paula Domenici

War and the Soul: Healing Our Nation's Veterans from Post-traumatic Stress Disorder by Edward Tick

The War Within: One More Step at a Time by G. B. Trudeau

Marines in the Garden of Eden: The Battle for An Nasiriyah by Richard S. Lowry

No True Glory: A Frontline Account of the Battle for Fallujah by Bing West

Rule Number Two: Lessons I Learned in a Combat Hospital by Heidi Squier Kraft

One Bullet Away: The Making of a Marine Officer by Nathaniel C. Fick

Embrace the Suck Compiled and Introduced by Col. Austin Bay

Resources

For Spouses (wives)

In Harm's Way: Help for the Wives of Military Men, Police, EMTs & Firefighters by Aphrodite Matsakis

For Children:

A Year Without Dad by Jodi Brunson

Daddy's in Iraq, but I Want Him Back by Cameron R. Hoyt

A Yellow Ribbon for Daddy by Anissa Mersiowsky