

## **Biography of Main Speaker: Dr. Harold S. Kudler, M.D.**

Dr. Kudler received his M.D. from Downstate Medical Center in Brooklyn, New York and completed psychiatric residency training at Yale University where he served as Chief Resident at Yale-New Haven Hospital and, later, as Chief Resident/Clinical Instructor at the Yale Psychiatric Institute. He joined the Duke Faculty in 1984 and is Associate Clinical Professor in its Department of Psychiatry and Behavioral Sciences.

Having served as Assistant Chief of Psychiatry at the Durham Veterans Affairs Medical Center for a number of years, Dr. Kudler is now Mental Health Coordinator for Veterans Integrated Service Network, Number 6. In this capacity, he manages the Mental Health Service Line for eight VA Medical Centers and their outlying facilities (distributed across North Carolina, Virginia and West Virginia) and represents the Network's mental health programs at local national levels.

Dr. Kudler is an advanced candidate in the UNC/Duke Psychoanalytic Education Program (Adult and Child Programs) and is co-founder of the Psychoanalytic Psychotherapy Study Center of North Carolina. He has served as Interim Director of Residency Training, and as Chair of the Residency Curriculum Committee, and is a member of the Residency Executive Committee, Department of Psychiatry, Duke University Medical Center. He served as long-standing member of the Executive Committee of the Medical School Admissions Committee at Duke.

He received the Honored Teacher Award from the Duke University Medical Center Department of Psychiatry in 1983 and the Nancy C.A. Roeske, MD Certificate of Recognition for Excellence in Medical Education from the American Psychiatric Association in May 1996. He chaired the Subcommittee on the Undergraduate Education of the International Society for Traumatic Stress Studies. In 2003, Dr. Kudler was awarded the Edith Sabshin Award from the American Psychoanalytic Association for Excellence in Teaching. Dr. Kudler's expertise in post-traumatic stress disorder (PTSD) stems from clinical and research work with combat veterans, ex-prisoners of war, survivors of other traumatic events, and their families.

He has reported on many aspects of PTSD including its diagnosis, its biological psychological characteristics, and its treatment. Dr. Kudler was the founding Chairperson of the PTSD Practice Guidelines Task Force of the International Society for Traumatic Stress Studies and was the first author of that Task Force's Treatment Guideline for the Psychodynamic Treatment of PTSD. From 2000-2005, Dr. Kudler co-chaired of the Under Secretary for Veterans Affairs' Special Committee on PTSD. This committee which reports directly to a joint committee of the House and Senate on Veterans Affairs, is charged with assessing and guiding the VA's national continuum of PTSD care, education, research, and benefits. In 2002, Dr. Kudler was selected to champion a joint VA/Department of Defense project to develop clinical practice guidelines for the management of traumatic stress. In 2002, again, in 2004, Dr. Kudler was elected to the Board of Directors of the International Society for Traumatic Stress Studies. In 2004, Dr. Kudler was elected Chair of the North Carolina Psychoanalytic Foundation. In 2005, he co-chaired the first Joint DoD/VA Conference on Post Deployment Mental Health and became a Distinguished Fellow of the American Psychiatric Association.